

Traveling with a Baby Packing List

Diapering Essentials:

- Diapers
- Wipes
- Diaper rash cream
- Diaper bag
- Portable changing pad

Sleeping Essentials:

- Portable crib or travel bassinet
- Baby blankets
- Sleep aids (favorite toy, pacifier)
- Blackout curtains or shades

Feeding Essentials:

- Bottles
- Formula or breastfeeding essentials
- Portable bottle warmer
- Baby food/snacks (for older infants)
- Bibs

Clothing and Weather-related Accessories:

- Weather-appropriate clothing
- Hats for sun protection
- Baby-safe sunscreen
- Blankets for colder weather

Safety and Health Accessories:

- Baby first aid kit
- Childproofing items (outlet covers, cabinet locks)
- Baby-safe insect repellent
- Medications (if needed)

Entertainment and Distraction:

- Travel-friendly toys
- Books
- Portable electronic devices
- Baby music or white noise machine

On-the-Go Essentials:

- Changing bag essentials (diapers, wipes)
- Portable high chair (if needed)
- Baby snacks
- Extra pacifiers

Transportation Gear:

- Lightweight and collapsible stroller
- Comfortable baby carrier or sling
- Travel-friendly car seat

Miscellaneous:

- Baby's favorite comfort items
- Ziplock bags for dirty diapers or messy clothes
- Travel-sized laundry detergent
- Plastic bags for trash or dirty items

Parental Comfort:

- Change of clothes for parents
- Snacks and water for adults
- Travel pillows for parents
- ID, tickets, passports, etc.